Club Aquatique Polydium Ch©teauguay
Invitation provinciale de No±l CASO-CNSL **Montr®al (CAN) 12/11//12/12/2010**

Results summary Short Course (25m)

Lastname, Firstname	YOB	Strecke	Pl.	Time	Round	Diff.		Strecke	Pl.	Time	Round	Diff.	
Gervais Marie	98 :	200m Freestyle	20	3:10.58	F	95%		200m Medley	9	3:29.59	F	122%	PB
		400m Freestyle	5	6:52.98	F	112%	PB	100m Medley	16	1:36.88	F	100%	PB
		200m Breaststroke	3	3:48.12	F	98%							
Green Ann-Sophie	99 :	200m Freestyle	22	3:12.41	F	108%	PB	100m Medley	20	1:38.23	F	104%	PB
		50m Fly	7	49.07	F	105%	PB						
Hearson Maika	00 :	50m Freestyle	9	41.16	F	98%		100m Medley	24	1:53.20	F		PB
		50m Fly	11	51.58	F	115%	PB						
Khatchadourian Sephora	96 :	50m Freestyle	20	42.92	F		PB	200m Medley	17	4:09.81	F		PB
Maille Etienne	97 :	200m Freestyle	2	2:42.89	F	107%	PB	200m Breaststroke	3	3:33.67	F		PB
		50m Breaststroke	8	47.52	F	101%	PB	100m Medley	13	1:30.32	F		PB
Primeau Jonathan	97 :	50m Freestyle	16	39.26	F	105%	PB	50m Breaststroke	12	54.58	F	131%	PB
		200m Freestyle	20	3:17.33	F	116%	PB	100m Medley	20	1:45.80	F	115%	PB
		50m Backstroke	9	54.02	F	98%							

Total 22 individual results, avarage performance: 105.9%
0 new record(s), 18 new personal best(s)
Biggest improvement: Primeau Jonathan, 50m Breaststroke 54.58